

*Legislative Advocacy for Seniors*

*July 2009 Newsletter*

*from the Chair . . . by Hannah Timmons*

Plans are in place for the Midyear Meeting, but the number of NSHC members (especially members of the Board of Directors) looks scant at this point. Many of the decisions that have to be made for the Annual Session are made at the Midyear Meeting. We need to have our Board members present.

If you haven't registered yet, please send your registration form and check for \$35 to Pat Porter as soon as possible. Room reservations at the Ramada Plaza in Charleston must be made no later than Thursday, July 23, in order to get our special rate.

Plan to stay for the annual business meeting of the National Council of Silver-Haired Legislators, immediately following our Midyear Meeting.

**MIDYEAR MEETING ~ AUGUST 4-5, 2009**

**When and Where** ~~~ The Midyear Meeting will be held at the Ramada Plaza, 400 2<sup>nd</sup> Avenue, Charleston, WV, Tuesday – Wednesday, August 4 – 5, 2009. The meeting of the Board of Directors will begin Tuesday afternoon at 4:00 PM. Dinner will be served to all members and guests who have registered. The meeting will continue Wednesday morning at 9:00 AM and adjourn when business is completed, probably around noon.

**Room Reservations** ~~~ Rooms at the Ramada are \$70 plus 9% tax for a total of \$76.30 per night. This rate is available at least two days before and two days after the meeting. Individuals should make hotel reservations by calling **304-744-4641** and identifying themselves as NSHC participants.

**Motel Amenities** ~~~ The Ramada is one mile from downtown Charleston. It offers complimentary breakfast, indoor pool, onsite restaurant, dance lounge, multi-line phones with complimentary local calls, and complimentary wireless Internet access.

**From the Airport** ~~~ Free shuttle service from Yeager Airport is available to hotel guests who ask for service by calling the hotel phone number – **304-744-4641**. (*The number is posted at the courtesy phone at the airport.*) When you need service to the airport, you may make arrangements at the hotel desk.

**Registration** ~~~ The registration fee is \$35 and includes dinner Tuesday night for every-body. If you have not already registered for the Midyear Meeting, please mail your check and the form at the bottom of this page as soon as you possibly can.

**Wednesday Luncheon** ~~~ Lue Chandler, Silver Senator from West Virginia, is serving as both hostess and chair for our 2009 Midyear Meeting and for the annual business meeting of the National Council of Silver-Haired Legislators. She has arranged for the Metro Area Agency on Aging (James Recco, Director) to sponsor a luncheon for all of us on Wednesday, August 5 at 12:30 PM. Buses from Kanawha Valley Senior Services will transport members of both NSHC and NCSHL from the Ramada Plaza to the West Virginia Capitol for lunch.

**Wednesday Reception** ~~~ Lue has also arranged a reception for members of both National Silver Haired Congress and National Council of Silver-Haired Legislators. It will follow the luncheon on Wednesday afternoon, August 5 at Kanawha Valley Senior Services, Kanawha Boulevard (Scott McClanahan, Director). Buses will transport us to the reception and back to the Ramada.

**Tuesday Night Dinner** ~~~ The menu calls what we are having an “Italian Dinner Buffet.”

*Traditional Caesar Salad garnished with Bruschetta*

*Chicken Scaloppini – pan-seared Chicken Breast with Tomatoes, Garlic, and Spinach finished with our Au Poivre Demi Glace over Linguini Noodles*

*Vodka Penne – sautéed Bacon, Shallots, and Garlic in White Wine, then tossed with a creamy Marinara Sauce and Penne Pasta and topped with Mozzarella Cheese*

*Herb-seasoned Foccia Bread*

*Tiramisu*

*Freshly Brewed Coffee, Decaffeinated Coffee, and Iced Tea*

National Silver Haired Congress

***Registration Form for 2009 Midyear Meeting***

Name (or names)

Address

Telephone

E-mail

Write your check for \$35 per person to National Silver Haired Congress; mail it with this form to **Pat Porter, 1651 CR 255, Big Spring, TX 79720-0704.**

## ELECTIONS TO BE HELD IN FEBRUARY

All of our elections are held at our Annual Session in even-numbered years, and all of our terms are for two years. The NSHC membership elects four Directors-at-Large to serve on the Board of Directors.

Elections Committee Chair Dolores Olson (CA), who will be assisted by Lucy Perez (NV), is asking that members who plan to run for Director-at-Large positions inform her by phone/fax at **760-257-3206**, by e-mail at **zdodyo@earthlink.net**, or by snail mail at **PO Box 538, Newberry Springs, CA 92365-0538**. Ballots will be prepared in advance, and the election will be held during a membership meeting at the Annual Session in February.

The Board of Directors will elect the following officers of the Board: Chair, First Vice Chair, Second Vice Chair, Secretary, and Treasurer.

The Silver Senate will elect its President and President *pro tem*; the Silver House of Representatives will elect its Speaker and Speaker *pro tem*.

Region Chairs and other officers will be elected by their respective Regions.

Serving on the Board of Directors are four Directors-at-Large, the President and President *pro tem* of the Silver Senate, the Speaker and Speaker *pro tem* of the Silver House of Representatives, ten Region Chairs, and the Immediate Past Chair.

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**Norm Bungard Receives Lifetime Achievement Award...** Norm Bungard, NSHC Senator (FL) and Free Clinic board member and volunteer, has received the RSVP (Retired and Senior Volunteer Program) Lifetime Achievement Award for all of his volunteer services to benefit the residents of Pinellas County, Florida. He is the second

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recipient of this award.

*Check the National Silver Haired Congress Website regularly at **www.natshc.org**. In order to access the Members section, you must use the password, **silvermember**.*

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Our fiscal year has been changed to conform with the calendar year. Everybody receiving this mailing has already paid dues through June 30, 2009 and will not owe again until December 31, 2011.

National Silver Haired Congress  
**Membership Application for 2010**

Dues for the next fiscal year (July 1, 2009 – December 31, 2010) are \$20 and are due now. Checks should be written to National Silver Haired Congress.

NAME (OR NAMES)

ADDRESS

TELEPHONE

E-MAIL

*Mail to **Pat Porter, 1651 CR 255, Big Spring, TX 79720-0704.***